



GV Health  
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# Contact Frequency Guide

## LEISURE CENTRES

A leisure centre can have a high-volume of people entering and leaving the premises during working hours. This increases the risk of transmission of dangerous pathogens (including viruses). Often having a variety of facilities, it is important that each environment (receptions, lifts and stairs, restaurants, gymnasiums, swimming pools etc.) is audited separately and areas of frequent contact are identified and given the appropriate level of attention with regards to cleaning and disinfection. If this is done successfully it can help mitigate the risk of dangerous pathogen transfer to surfaces. Our maps show typical environments within a leisure centre and the areas that need particular attention and the likely risk they present as a result of contact frequency.



Indicates a high risk of frequent contact and transmission of pathogens to surface



Indicates a medium risk of frequent contact and transmission of pathogens to surface



Indicates a low risk of frequent contact and transmission of pathogens to surface

